UPWARD BOUND PROGRAM

Helping high school students persist through graduation to higher education.

HOW TO APPLY

Contact your school guidance counselor for an application or scan the QR code below to apply online.

For more information contact
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Aim so high you’ll never be bored

The greatest waste of our natural resources is the number of people who never achieve their potential.

Get out of that slow lane.
Shift into that fast lane.
If you think you can’t, you won’t.
If you think you can, there’s a good chance you will.
Even making the effort will make you feel like a new person.
Reputations are made by searching for things that can’t be done and doing them.
Aim low: boring.
Aim high: soaring.

This is the text from the 65th in a collection of inspirational newspaper ads written by Harry Gray, then CEO of United Technologies, that appeared in the Wall Street Journal from the late 1970s through the early 1980s.
WHAT IS THE UPWARD BOUND PROGRAM?
Through Upward Bound, 9th and 10th grade students who attend Worcester Public Schools are provided with the guidance and support they need to complete a successful high school education and persist to a meaningful college experience.

Managed by the Office of Multicultural Affairs (OMA), Worcester State’s Upward Bound program seeks to encourage successful completion of high school by increasing students’ academic and personal development through reasoning, problem solving, and critical thinking.

The program welcomes students who demonstrate the desire to succeed, an interest in going to college, and who are first-generation, low income, and/or ALANA students (African American, Latino, Asian, and Native American).

OFFICE OF MULTICULTURAL AFFAIRS
For over 45 years the office of Multicultural Affairs has been seeking to improve access opportunities in higher education to students in traditionally underrepresented and underserved populations in Massachusetts. The program proudly implements successful programs such as Alternatives for Individual Development, Peer Mentors, a pre-college pipeline program, and the Third world Alliance, a student group on Worcester State’s campus.

Am I Prepared for College?
There are many steps in the college application process, which is why Upward Bound is prepared to help guide you through the process. We can help you answer the following questions as you start on your higher education journey:

- Where and when do I start my college search?
- How prepared is my academic transcript for college?
- Are there special scholarships, awards, or financial aid that are available to me?
- What are the Massachusetts high school unit requirements for college?

Summer Academy
Upward Bound’s Summer Academy is a 5-week residential college experience that gives high school students the opportunity to get a sneak peek at college life, including:

- The on-campus living experience
- Academic enrichment courses in subjects such as English, math, science, self-awareness, and problem-solving.
- College tours, recreational activities, and cultural experiences.

Saturday Workshops
Saturday Workshops at Upward Bound are designed to provide students with the opportunity to regularly interact with like-minded peers and gain valuable skills that will prepare them to persist to and succeed in college. Approximately 22 workshops are held throughout the academic year. Held from 9:30 a.m.-12:30 p.m., the workshops help students:

- Increase self-awareness and self-confidence
- Enhance interpersonal/intrapersonal communication skills and group dynamics
- Learn career development skills directly from guest professional and educational experts