



WORCESTER  
STATE  
UNIVERSITY

# OFFICE OF MULTICULTURAL AFFAIRS WOMEN'S CIRCLE



The Women's Circle purpose is to empower our university women through connection, community, and to use their own voice in sharing and receiving wisdom in support of our educational journey.

To join or for more information please contact us by emailing [Ibissoondial@worchester.edu](mailto:Ibissoondial@worchester.edu) or calling us at **508-929-8049**.

## **2018 Upcoming Events:**

(All events start at 5:30 p.m. and are held in Library, Room 169)

### **SEPTEMBER 27, 2018**

#### **Cross Campus Women Leaders Network**

A network/welcome reception to connect our University Staff/Professors/Administrators with current Women Circle University students.

### **OCTOBER 24, 2018**

#### **Workshop on "Becoming The Best You" with Jennifer Maddox, Ph. D.**

This workshop will focus on developing objectives and affirmations of one's goal by creating your own 'Vision Board.'

### **NOVEMBER 14, 2018**

#### **Workshop on "Connecting with the Power of Selfishness" with Jennifer Maddox, Ph. D.**

This workshop will explore the practices/strategies of the awareness of our thoughts, feelings, body, and surrounding environment with meditation-mindfulness, aromatherapy and stress management techniques.