

Nicole M. Rosa, PhD

Department of Psychology
Worcester State University
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Education

Ph.D., Psychology, Brandeis University, 2013

Dissertation: *Effects of Self-Esteem, Gender, and Alzheimer's Disease on Self-Referencing in Memory*

Advisor: Angela H. Gutchess, PhD

M.A., Psychology, Brandeis University, 2010

M.S.W., Boston College Graduate School of Social Work, 1997

B.A., Major: Sociology, Minor: Psychology, Stonehill College, 1995

Academic Employment

Worcester State University, Worcester, MA, September 2014 - Present

Assistant Professor

Course titles: General Psychology, Developmental Psychology, Adolescent Psychology, Psychology of Aging, Self in Society (FYS), Capstone in Developmental Psychology, Independent Study in Psychology, Psychology Honors, Applied Research Methods

Harvard University, Cambridge, MA, July 2013 – July 2014

College Fellow

Course titles: Self and Identity, Research Methods, Psychological Issues in Brain Injury

Brandeis University; Waltham, MA, September 2008 – May 2013

University Prize Instructor (Fall 2012)

Course title: Seminar on Self and Identity

Lecturer (Fall 2010)

Course title: Introduction to Psychology

Teaching Fellow

Course titles: Abnormal Psychology, Social Psychology, Introduction to Psychology, Child Development across Cultures, Research Methods

Tufts University; Medford, MA, January 2012 – May 2012; January 2013 - May 2013

Co-lecturer

Course title: Clinical/Thesis Research Course (in Graduate Occupational Therapy Program)

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Dean College; Franklin, MA, September 2004 – June 2008; September 2011 – December 2011
Adjunct Faculty

Course titles: General Psychology, Developmental Psychology, First Year Seminar

Academic Coach

Worked one-on-one with students in need of academic support. Provided guidance with assignments and study skills.

Bay Path College; Charlton, MA, November 2007 – June 2008

Adjunct Faculty

Course titles: Abnormal Psychology, Theories of Personality

Boston College, Chestnut Hill, MA, September 1996 – May 1997

Graduate Assistant

Course title: Research Methods and Statistics

Awards and Grants

Society for Teaching of Psychology Instructional Research Award (PI with Kathleen Bogart, Dana Dunn, and Kathryn Becker-Blease), Project Title: Increasing Inclusiveness and Awareness: Disability in Introductory Psychology, Awarded 2018, \$1500

Worcester State University Faculty Scholarship Mini Grant, Project Title: Aging and Disability, Awarded AY 2016/2017, \$2000

Worcester State University Teaching and Learning Innovation Grant (with Emily Soltano), Project Title: Metacomprehension, Comprehension, and Boredom Proneness, Awarded AY 2016-2017, \$2690

Verna Regan Award for Graduate Fellows in Psychology, Awarded Spring 2013

Renee Rapaporte Dissertation Year Fellowship, Awarded for 2012-2013 academic year

Brandeis University Prize Instructorship (university-wide competition), Awarded Spring 2012

Brandeis Graduate Student Association, GSA Travel and Research Grants, Spring 2011, Fall 2011 & Spring 2012

Massachusetts Gerontology Association, Student Paper Award, “False memory in aging and the role of self-reference”, 2011

Psi Chi, Regional Research Award for Presentation at the Eastern Psychological Association Annual Meeting, 2011

Massachusetts Gerontology Association, First Place Poster Award, “Use of Self and Close Other Reference for Source Memory with Age”, 2010

Brandeis University Lifespan Initiative on Healthy Aging Seed Grant, "False memory in aging and the role of self-reference", Fall 2009

Publications

Rosa, N.M., Bogart, K.R., Dunn, D., & Becker-Blease, K. (in preparation). Increasing inclusiveness and awareness: Disability in Introductory Psychology.

Bogart, K.R., **Rosa, N.M.**, & Slepian, M. (2018). Born that way or became that way: Stigma toward congenital versus acquired disability, *Group Processes and Intergroup Relations*.

Rosa, N.M., Bogart, K.R., Bonnett, A.K., Estill, M.C., & Colton, C.E. (2016). Teaching About Disability in Psychology: An Analysis of Disability Curricula in U.S. Undergraduate Psychology Programs. *Teaching of Psychology*.

Rosa, N.M., Deason, R. G., Budson, A.E., & Gutchess, A.H. (2015). Self-referencing and false memory in mild cognitive impairment due to Alzheimer's disease. *Neuropsychology*.

Lee, H.N., **Rosa, N.M.**, & Gutchess, A.H. (2015). Aging and the Group-Reference Effect in Memory. *Memory*.

DeScioli, P., **Rosa, N.M.**, & Gutchess, A.H. (2015). A selective memory advantage for property. *Evolutionary Psychology*, 13, 411-423.

Rosa, N.M., Deason, R. G., Budson, A.E., & Gutchess, A.H. (2014). Source memory for self and other in patients with mild cognitive impairment due to Alzheimer's disease. *Journal of Gerontology: Psychological Sciences*.

Gutchess, A.H., Sokal, R., Coleman, J.A., Gotthilf, G., & **Rosa, N.M.** (2014). Age differences in self-referencing: Evidence for common and distinct encoding strategies. *Brain Research*.

Rosa, N.M. & Gutchess, A.H. (2013). False memory in aging resulting from self-referential processing. *Journal of Gerontology: Psychological Sciences*, 68B, 882-892.

Rosa, N.M. & Gutchess, A.H. (2011). Source memory for action in young and older adults: Self vs. close or unknown others. *Psychology and Aging*, 26, 625-630.

Presentations and Posters (* Student mentee)

Soltano, E. G. & **Rosa, N.M.** (forthcoming 2019, March). The impact of classroom tools on high vs. low-achieving students. International Convention of Psychological Science, Paris, France.

Bogart, K. R. **Rosa, N.** & Slepian, M. L., (forthcoming 2019, February). "Born that way or became that way: Ableism toward congenital versus acquired disability. In K. R. Bogart (Chair), *Predictors and consequences of ableism: The forgotten "ism."* Symposium conducted at Society for Personality and Social Psychology, Portland, OR.

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- Rosa, N.M.**, Kanner, B., Cuffari, E., Sullivan, C., & Talbot, C. (2018, November). Incorporating writing instruction into Psychology. New England Conference on the Teaching of Psychology, Worcester, MA.
- Bergeron, C.* & **Rosa, N.M.** (2018, November). The effects of participation in activities on well-being. Poster to be presented at the annual meeting of Northeast Conference for Teachers of Psychology, Worcester, MA.
- Rosa, N.M.** (2018). Understanding disability: Applications to the learning environment. Lecture presented at University of Worcester, Worcester, England.
- Rosa, N.M.**, Soltano, E.G., Bergeron, C.*, Foden, D.*, & Kush, K.* (2017, October). How do Classroom Outlines Impact Comprehension and Metacomprehension? Poster presented at New England Psychological Association, Boston, MA.
- Sullivan, C. J., Kanner, B. G., **Rosa, N. M.**, & Frazier, K. E. (2017, October). Mastery of oral and written communication skills: A developmental psychology curriculum sequencing example. Concurrent session presentation at the annual meeting of Northeast Conference for Teachers of Psychology, Newton, MA.
- Rosa, N.M.** & Cuffari, E. (2017, May). Bringing it all back home: Deciding on activities and assignments. Participant Idea Exchange talk presented at Worcester State University Center for Teaching and Learning Summer Institute, Worcester, MA.
- Kush, K.*, Foden, D.*, Bergeron, C.*, **Rosa, N.M.**, & Soltano, E.G. (2017, April). How do Classroom Outlines Impact Comprehension and Metacomprehension? Poster presented at Celebration of Scholarship and Creativity, Worcester, MA.
- Antonio, J.*, Schmutte, M.*, & **Rosa, N.M.** (2017, April). Attitudes toward disability across the lifespan. Poster presented at Celebration of Scholarship and Creativity, Worcester, MA.
- Soltano, E.G. & **Rosa, N.M.** (2017, January). Can Classroom Tools Minimize the Gap Between Comprehension and Metacomprehension? Poster presented at National Institute on the Teaching of Psychology conference, St. Petersburg, FL.
- Allazzam, S.* & **Rosa, N.** (2016, October). Cultural Differences in the Relationship Between Social Media Use and Social Skills. Poster presented at the New England Psychological Association annual meeting, Worcester, MA.
- Rosa, N.M.**, Soltano, E.G., Anderson, J.*, & Boucher, T.* (2016, October). Effect of Structure on Metacomprehension, Comprehension, and Boredom. Poster presented at New England Psychological Association annual meeting, Worcester, MA.

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- Anderson, J.*, Boucher, T.*, & Beaudry, S.* (2016, April). Effect of Structure on Metacomprehension, Comprehension, and Boredom. Poster presented at the Worcester State University 2016 Undergraduate Celebration of Scholarship and Creativity.
- Allazzam, S.* & **Rosa, N.** (2016, April). The effect of social media usage on social skills: A cross-cultural view. Poster presented at the Worcester State University 2017 Undergraduate Celebration of Scholarship and Creativity.
- Rosa, N.M.**, Casey, H.*, & Bogart, K. (2015, October). The Role of Belief Systems on Attitudes toward Disability. Poster presentation at New England Psychological Association annual meeting, Fitchburg, MA.
- Rosa, N.M.** (2015, October). Tackling Childhood Obesity: Moving Beyond the Classroom in Developmental Psychology through Community Collaboration. Participant Idea Exchange presented at New England Conference on Teaching of Psychology, Fitchburg, MA.
- Estill, M., Bonnett, A., Colton, C., **Rosa, N.**, & Bogart, K. (2015, April). A study of disability courses within U.S. undergraduate psychology programs. Poster presentation at Western Psychological Association Annual Convention, Las Vegas, NV.
- Bonnett, A., Colton, C., Estill, M., **Rosa, N.**, & Bogart, K. (2015, February). Teaching about disability in psychology: A Survey of disability curricula in U.S. undergraduate psychology programs. Poster presented at the Rehabilitation Psychology Conference, San Diego, CA.
- Estill, M., Colton, C., Davis, N., **Rosa, N.M.**, & Bogart, K. (2014, April). Availability of disability courses in top US undergraduate psychology programs. Poster presentation at Western Psychological Association Annual Convention, Portland, OR.
- Rosa, N.M.**, Deason, R.G., Budson, A.E., & Gutchess, A.H. (2014, April). Memory for Source in Patients with Mild Cognitive Impairment Due to Alzheimer's Disease. Poster presentation at the Cognitive Aging Conference, Atlanta, GA
- Rosa, N.M.**, Deason, R.G., Budson, A.E., & Gutchess, A.H. (2014, March). Source Memory and Self-Reference in Mild Cognitive Impairment due to Alzheimer's Disease. Talk at the Eastern Psychological Association Annual Meeting, Boston, MA.
- Rosa, N.M.**, Deason, R.G., Budson, A.E., & Gutchess, A.H. (2013, December). Memory for self and other in Alzheimer's disease. Poster presented at The Charles River Association for Memory, Cambridge, MA.
- Rosa, N.M.** (2013, June). Self-referencing in source and false memory among healthy and cognitively impaired older adults. Talk presented to The Schacter Memory Lab, Harvard University, Cambridge, MA.

Rosa, N.M., Deason, R.G., Budson, A.E., & Gutchess, A.H. (2013, June). Memory for self and other in Alzheimer's disease. Poster presented at The Massachusetts Neuropsychology Society Research Symposium, Boston, MA.

Estill, M., Davis, N., Colton, C., **Rosa, N.M.**, & Bogart, K. (2013, May). A study of the availability of disability courses within the "top" U.S. undergraduate psychology programs. Poster presented at the Oregon State University Celebrating Undergraduate Excellence Poster Session, Corvallis, OR.

Rosa, N.M., DeScioli, P., & Gutchess, A.H. (2012, October) A selective memory advantage for property. Poster presented at New England Psychological Association Annual Meeting, Worcester, MA.

Rosa, N.M. (2012, October) Disability studies in psychology graduate programs. Poster presented at New England Consortium for the Teaching of Psychology, Worcester, MA.

Rosa, N.M., Shmuel, S.*, & Gutchess, A.H. (2012, May) Self-esteem and the self-reference effect: Changes with age. Poster presented at Massachusetts Gerontology Association Annual Meeting, Waltham, MA.

Rosa, N.M., Shmuel, S.*, & Gutchess, A.H. (2012, April) Self-esteem and the self-reference effect: Changes with age. Poster presented at Cognitive Aging Conference, Atlanta, GA.

Rosa, N.M., Grewal, L.*, & Gutchess, A.H. (2011, November) Absolute and relative judgments impact self-referencing benefits with age. Poster presented at Gerontological Society of America Conference, Boston, MA.

Rosa, N.M. & Gutchess, A.H. (2011, March) False memory in aging and the role of self-reference. Talk given at Eastern Psychological Association Annual Meeting, Boston, MA.

Rosa, N.M. & Gutchess, A.H. (2010, May) Use of self and close other reference for source memory with age. Poster presented at Massachusetts Gerontology Association Annual Meeting, Waltham, MA.

Rosa, N.M. & Gutchess, A.H. (2010, April) Use of self and close other reference for source memory with age. Poster presented at Cognitive Aging Conference, Atlanta, GA.

Undergraduate Mentoring

Honor Students

Catherine Bergeron (2017-2018)

Independent Studies

Kelsey Snodgrass (Fall 2018)

Dylan Foden (Spring 2017, Fall 2017, Spring 2018)

Brittany Boggia (Spring 2018)

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Morgan Bosworth (Spring 2018)
Aaron Anniballi (Fall 2017)
Catherine Bergeron (Spring 2017)
Katrina Kush (Spring 2017)
Danielle Lagasse (Spring 2017)
Jessica Antonio (Fall 2016)
Mary Schmutte (Fall 2016)
Sumayyah Allazzam (Spring 2016, Fall 2015, Summer 2015)
Julia Anderson (Spring 2016, Fall 2015)
Cassandra Brumber (Fall 2015)
Joshua Tedford (Summer 2015)
Tina Tran (Summer 2015)
Heather Casey (Spring 2015)

Professional Experience

Wayside Youth and Family Support Network; Framingham, MA, January 1998 – October 2006
Healthy Aging Program Coordinator (January 2005 – October 2006)

Provided outreach and education to older adults around issues of mental health and substance abuse. Developed and implemented program materials and assessment tools. Provided trainings and presentations to older adults, service providers and staff.

Fee for Service Clinician (January 1998 – October 2006)

Provided outpatient therapy for adults, children, adolescents and families. Evaluated client needs, determine appropriate services, assisted client in developing and achieving goals and evaluate treatment progress. Communicated with physicians, schools, DSS, and other service providers to offer comprehensive service plan and eliminate gaps in service.

Rape Crisis Counselor and Education Coordinator, Trauma Intervention Services (April 2000 – July 2001)

Provided crisis and ongoing counseling and advocacy to survivors of sexual assault and their significant others. Facilitated education and outreach programs to community groups and schools.

Clinical Intake Coordinator, Outpatient Program (January 1998 – April 2000)

Oversaw and supervised scheduling of intake appointments for new clients, verification of benefits and authorizations. Coordinated administration of outcome measurement surveys.

Senior Source; Newton, MA, September 1996 - January 1998

Operations Manager/Graduate Intern

Organized and analyzed weekly, monthly, and annual revenue and marketing statistics. Handled client intakes to ease access to services. Oriented new staff to computer systems used by organization, handled ongoing IS requests and questions, and served as liaison to outside computer consultants. Developed a quality assurance plan to measure effectiveness of services.

Babson College; Wellesley, MA, September 1995 - May 1997

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Program Advisor/Area Coordinator

Coordinated and facilitated social, educational and cultural activities for the student population of Babson College. Served as advisor to Conduct Council and Community Awareness groups designed to empower students. Organized leadership training programs for student leaders.

Jewish Family and Children's Services; Newton, MA, September 1995 - May 1996

Community Programs Intern

Assisted in the creation of an annual report for Community Programs using writing and computer skills. Coordinated third annual volunteer recognition event utilizing organization skills. Provided one-on-one support to families as part of Visiting Moms program designed to assist new parents. Conducted assessment of Friendly Visitor program through interviews and visits with elderly clients.

Community Service

Department Activity

Assessment Committee (2014-present; Chair 2015-present)

Honors Committee (2015-present)

Neuropsychology Search Committee (2018-2019)

Fruits and Flowers Committee (2016-present)

AD HOC Handbook Committee (2016-2017)

Health/Cognitive Search Committee (2014-2015)

Developmental Search Committee (2015-2016)

Program Review Committee (2015-2016)

Eighth Annual Psychology Day at the United Nations (2015)

University Activity

University Honors Advisory Board (2017-present)

Best Buddies Faculty Advisor (2017-present)

Curriculum Committee (2016-present)

Liberal Studies Advisor (2016 – present)

Student Success Coach (2018-2019)

Psychology Club Faculty Advisor (2014-2017)

Student Affairs Committee (2015-2017)

Faculty Fellow, Women's Lacrosse Team (2015-present)

Center for Teaching and Learning Presentations

- 2017 Summer Institute
- 2017 Winter Institute
- 2016 Summer Institute

Community Activity

New England Psychological Association Steering Committee (2018-2019)

Society of Applied Research in Memory and Cognition Conference Planning Committee (2018-2019)

High School Psychology Day Program (Co-Chair 2017-2018)

School Start Time Committee, Milford, MA (2017-present)

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Presentations to Aging Community

- Auburn Senior Center, Auburn, MA (November, 2016)
- Shrewsbury Senior Housing, Shrewsbury, MA (October, 2016)
- Bet Shalom, Worcester, MA (August, 2016)

Community Health Improvement Plan, Worcester, MA (2014/2015)

Northeast Conference for Teaching of Psychology Participant Idea Exchange (2015)

AD Hoc Reviewer (2013-present)

Professional Development and Memberships

Massachusetts Colleges Online Conference on eLearning, Framingham, MA (June, 2018)

Success Coach Training, Worcester State University, Worcester, MA (June, 2018)

American Psychological Association, APA Division 2 and 20

Society for Teaching of Psychology

Psi Chi

Eastern Psychological Association

Massachusetts Gerontology Association Annual Meeting, Worcester, MA (May, 2017)

American Psychological Association Teaching Preconference, Boston, MA (May, 2017)

Northeast Conference on Teaching of Psychology, Worcester, MA (October, 2016)

First Year Seminar Instructor Training (June, 2016)

Talk of Ages Summit, Lasell College, Newton, MA (June 2015)

Society for Research on Child Development Teaching Pre-Conference, Philadelphia, PA (March, 2015)

Center for Teaching and Learning Programs

Summer Institute (May, 2018)

Winter Institute (January, 2018)

Summer Institute (May, 2017)

Winter Institute (January, 2017)

Summer Institute (May, 2016)

Winter Institute (January, 2016)

Summer Institute (May 2015)

Winter Institute (January 2015)

Qualtrics training (November 2014)

LASC Advising session (October 2014)

New Faculty Orientation (August 2014)

Certificate in Syllabus Design (August 2014)